



WORLD POWERLIFTING CHAMPIONSHIPS 2023



TIMETABLE

Monday 30 october

in the afternoon - WP International Referee Exam

20:00 - technical meeting

Tuesday 31 october

8:00/9:30 weigh in - 10:00 start PL/SL

Women -48/-53/-58kg. (group 1) and Men -62/-69kg. (group 2)

14:30 - Opening ceremony World Powerlifting Championships

13:30/15:00 weigh in - 15:30 start PI/SL

Women -64/-72kg. (group 1), Men -77kg. (group 2), Men -85kg. (group 3)

Wednesday 1 november

8:00/9:30 weigh in - 10:00 start PL/SL

Women -84/-100/+100kg. (group 1), Men -94kg. (group 2)

13:00/14.30 weigh in - 15:00 start PL/SL

Men -105kg. (group 1), Men -120/+120kg. (group 2)

at the end: team and overall awards ceremony

